



Hourly Services

- ✓ Blog Updating
 - ✓ RSS Submission
 - ✓ Facebook Updates
 - ✓ Autoresponder Set Up
 - ✓ Article Optimization
 - ✓ Article Submission
 - ✓ Article Reporting
 - ✓ LinkedIn Updates
 - ✓ Adwords Campaign Setup
 - ✓ Squidoo Lens Creation
 - ✓ Squidoo Lens Indexing
 - ✓ Keyword Research
 - ✓ Blog Commenting
 - ✓ Auto Tweets Setup
 - ✓ Outsourcing Management
 - ✓ Content Repurposing
 - ✓ Website Updates
 - ✓ Sales Page Formatting
 - ✓ Opt In Page Optimization
 - ✓ WP Plugin Installation
 - ✓ Ebook Formatting
 - ✓ Press Release Optimization
 - ✓ Press Release Submission
 - ✓ Copy Proofreading
 - ✓ Copy Editing
 - ✓ Domain Setup
 - ✓ Domain Forwarding
 - ✓ List Building Help
- Need a service that's not listed here? No problem! Just e-mail me at jeff@youroutstandingva.com and I'll see what I can do for you.